

Parishes of Kirkby Ireleth and Broughton & Duddon
THE SUNDAY SUPPLEMENT

8TH MARCH –LENT 3

Holy Communion

Hymns

718 We love the place, O God

17 All heav.n declares

23 All that I am, all that I do

HC

534 O praise ye the Lord

Collect

Eternal God,
give us insight
to discern your will for us,
to give up what harms us,
and to seek the perfection we are promised
in Jesus Christ our Lord.

Amen

Old Testament reading – Julie H

Exodus 20. 1 - 17

Then God spoke all these words:

I am the Lord your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me.

You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them; for I the Lord your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, but showing steadfast love to the thousandth generation of those who love me and keep my commandments.

You shall not make wrongful use of the name of the Lord your God, for the Lord will not acquit anyone who misuses his name.

Remember the sabbath day, and keep it holy. For six days you shall labour and do all your work. But the seventh day is a sabbath to the Lord your God; you shall not do any work—

you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days the Lord made heaven and earth, the sea, and all that is in them, but rested the seventh day; therefore, the Lord blessed the sabbath day and consecrated it.

Honour your father and your mother, so that your days may be long in the land that the Lord your God is giving you.

You shall not murder.

You shall not commit adultery.

You shall not steal.

You shall not bear false witness against your neighbour.

You shall not covet your neighbour's house; you shall not covet your neighbour's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbour.

Psalm 19

*The heavens are telling the glory of God;
and the firmament proclaims his handiwork.*

*Day to day pours forth speech,
and night to night declares knowledge.*

*There is no speech, nor are there words;
their voice is not heard;*

*yet their voice goes out through all the earth,
and their words to the end of the world.*

*In the heavens he has set a tent for the sun,
which comes out like a bridegroom from his
wedding canopy,*

and like a strong man runs its course with joy.

*Its rising is from the end of the heavens,
and its circuit to the end of them;*

and nothing is hidden from its heat.

*The law of the Lord is perfect,
reviving the soul;*

*the decrees of the Lord are sure,
making wise the simple;*

*the precepts of the Lord are right,
rejoicing the heart;*

*the commandment of the Lord is clear,
enlightening the eyes;*

*the fear of the Lord is pure,
enduring for ever;
the ordinances of the Lord are true
and righteous altogether.
More to be desired are they than gold,
even much fine gold;
sweeter also than honey,
and drippings of the honeycomb.
Moreover by them is your servant warned;
in keeping them there is great reward.
But who can detect their errors?
Clear me from hidden faults.
Keep back your servant also from the insolent;
do not let them have dominion over me.
Then I shall be blameless,
and innocent of great transgression.
Let the words of my mouth and the meditation of
my heart
be acceptable to you,
O Lord, my rock and my redeemer.*

New Testament reading – Gemma or Pam

1 Corinthians 1. 18 - 25

For the message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written,

'I will destroy the wisdom of the wise,
and the discernment of the discerning I will thwart.'

Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling-block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength.

This is the Word of the Lord

Thanks be to God

Gospel reading – Stuart

John 2. 13 - 22

*Hear the Gospel of our Lord Jesus Christ,
according to John*

Glory to you, O Lord.

The Passover of the Jews was near, and Jesus went up to Jerusalem. In the temple he found people selling cattle, sheep, and doves, and the money-changers seated at their tables. Making a whip of cords, he drove all of them out of the temple, both the sheep and the cattle. He also poured out the coins of the money-changers and overturned their tables. He told those who were selling the doves, 'Take these things out of here! Stop making my Father's house a market-place!' His disciples remembered that it was written, 'Zeal for your house will consume me.' The Jews then said to him, 'What sign can you show us for doing this?' Jesus answered them, 'Destroy this temple, and in three days I will raise it up.' The Jews then said, 'This temple has been under construction for forty-six years, and will you raise it up in three days?' But he was speaking of the temple of his body. After he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word that Jesus had spoken.

When he was in Jerusalem during the Passover festival, many believed in his name because they saw the signs that he was doing. But Jesus on his part would not entrust himself to them, because he knew all people and needed no one to testify about anyone; for he himself knew what was in everyone.

This is the Gospel of the Lord.

Praise to you, O Christ.

Post Communion

Merciful Lord,
grant your people grace to withstand the temptations
of the world, the flesh and the devil,
and with pure hearts and minds to follow
you, the only God;
through Jesus Christ our Lord.

Amen