

Parishes of Kirkby Ireleth and Broughton & Duddon  
THE SUNDAY SUPPLEMENT

23<sup>RD</sup> FEBRUARY – 2<sup>ND</sup> BEFORE LENT

**Holy Communion**

**Hymns**

572 Praise to the holiest

**964 Gloria**

303 I cannot tell

395 Lift up your hearts

**HC**

188 Forth in thy name, O Lord, I go

**Collect**

Almighty God,  
give us reverence for all creation  
and respect for every person,  
that we may mirror your likeness  
in Jesus Christ our Lord.

**Amen**

*Old Testament reading - Joan*

**Genesis 2: 4b – 9, 15 - 25**

In the day that the Lord God made the earth and the heavens, when no plant of the field was yet in the earth and no herb of the field had yet sprung up - for the Lord God had not caused it to rain upon the earth, and there was no one to till the ground; but a stream would rise from the earth, and water the whole face of the ground - then the Lord God formed man from the dust of the ground, and breathed into his nostrils the breath of life; and the man became a living being. And the Lord God planted a garden in Eden, in the east; and there he put the man whom he had formed. Out of the ground the Lord God made to grow every tree that is pleasant to the sight and good for food, the tree of life also in the midst of the garden, and the tree of the knowledge of good and evil.

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, 'You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die.'

Then the Lord God said, 'It is not good that the man should be alone; I will make him a helper as his

partner.' So out of the ground the Lord God formed every animal of the field and every bird of the air, and brought them to the man to see what he would call them; and whatever the man called each living creature, that was its name. The man gave names to all cattle, and to the birds of the air, and to every animal of the field; but for the man there was not found a helper as his partner. So, the Lord God caused a deep sleep to fall upon the man, and he slept; then he took one of his ribs and closed up its place with flesh. And the rib that the Lord God had taken from the man he made into a woman and brought her to the man. Then the man said,

'This at last is bone of my bones  
and flesh of my flesh;  
this one shall be called Woman,  
for out of Man this one was taken.'

Therefore, a man leaves his father and his mother and clings to his wife, and they become one flesh. And the man and his wife were both naked, and were not ashamed.

*This is the Word of the Lord*

**Thanks be to God**

**Psalm 65**

- <sup>1</sup> Praise is due to you,  
O God, in Zion;  
and to you shall vows be performed,  
<sup>2</sup> O you who answer prayer!  
To you all flesh shall come.  
<sup>3</sup> When deeds of iniquity overwhelm us,  
you forgive our transgressions.  
<sup>4</sup> Happy are those whom you choose and bring near  
to live in your courts.  
We shall be satisfied with the goodness of your house,  
your holy temple.  
<sup>5</sup> By awesome deeds you answer us with deliverance,  
O God of our salvation;  
you are the hope of all the ends of the earth

and of the farthest seas.

<sup>6</sup> By your<sup>[a]</sup> strength you established the mountains;

you are girded with might.

<sup>7</sup> You silence the roaring of the seas,  
the roaring of their waves,  
the tumult of the peoples.

<sup>8</sup> Those who live at earth's farthest bounds are awed by your signs;  
you make the gateways of the morning and the evening shout for joy.

*New Testament reading – Pam*

**Revelation 4: 1 - 11**

After this I looked, and there in heaven a door stood open! And the first voice, which I had heard speaking to me like a trumpet, said, 'Come up here, and I will show you what must take place after this.' At once I was in the spirit, and there in heaven stood a throne, with one seated on the throne! And the one seated there looks like jasper and cornelian, and around the throne is a rainbow that looks like an emerald. Around the throne are twenty-four thrones, and seated on the thrones are twenty-four elders, dressed in white robes, with golden crowns on their heads. Coming from the throne are flashes of lightning, and rumblings and peals of thunder, and in front of the throne burn seven flaming torches, which are the seven spirits of God; and in front of the throne there is something like a sea of glass, like crystal.

Around the throne, and on each side of the throne, are four living creatures, full of eyes in front and behind: the first living creature like a lion, the second living creature like an ox, the third living creature with a face like a human face, and the fourth living creature like a flying eagle. And the four living creatures, each of them with six wings, are full of eyes all around and inside. Day and night without ceasing they sing,

'Holy, holy, holy,  
the Lord God the Almighty,  
who was and is and is to come.'

And whenever the living creatures give glory and honour and thanks to the one who is seated on the throne, who lives for ever and ever, the twenty-four elders fall before the one who is seated on the throne and worship the one who lives for ever and

ever; they cast their crowns before the throne, singing,

'You are worthy, our Lord and God,  
to receive glory and honour and power,  
for you created all things,  
and by your will they existed and were created.'

*This is the Word of the Lord*

**Thanks be to God**

*The Gospel reading- Stuart*

**Luke 8: 22 - 25**

*Hear the Gospel of our Lord Jesus Christ, according to Luke*

**Glory to you, O Lord.**

One day he got into a boat with his disciples, and he said to them, 'Let us go across to the other side of the lake.' So, they put out, and while they were sailing he fell asleep. A gale swept down on the lake, and the boat was filling with water, and they were in danger. They went to him and woke him up, shouting, 'Master, Master, we are perishing!' And he woke up and rebuked the wind and the raging waves; they ceased, and there was a calm. He said to them, 'Where is your faith?' They were afraid and amazed, and said to one another, 'Who then is this, that he commands even the winds and the water, and they obey him?'

*This is the Gospel of the Lord.*

**Praise to you, O Christ.**

**Post Communion**

God our creator,  
by your gift the tree of life was set at the heart of the earthly paradise,  
and the bread of life at the heart of your Church:  
may we who have been nourished at your table on earth be transformed by the glory of the Saviour's cross and enjoy the delights of eternity; through Jesus Christ our Lord.

**Amen**



*Christ and the Disciples on a Raging Sea*

*Delacroix,  
Eugène, 1798-  
1863*

*Walters Art  
Museum,  
Baltimore*