

Parishes of Kirkby Ireleth and Broughton & Duddon  
THE SUNDAY SUPPLEMENT

1<sup>ST</sup> MARCH – LENT 2

**Service of the Word**

**Hymns**

365 King of Glory, King of peace  
626 Take up thy cross, the Saviour said  
169 Figh the good fight  
565 Praise my soul the King of heaven

**Collect**

Almighty God,  
by the prayer and discipline of Lent  
may we enter into the mystery of Christ's  
sufferings,  
and by following in his Way  
come to share in his glory;  
through Jesus Christ our Lord.

**Amen**

*Old Testament reading – Allison*

**Genesis 17, 1 – 7, 15 - 16**

When Abram was ninety-nine years old, the Lord appeared to Abram, and said to him, 'I am God Almighty; walk before me, and be blameless. And I will make my covenant between me and you, and will make you exceedingly numerous.' Then Abram fell on his face; and God said to him, 'As for me, this is my covenant with you: You shall be the ancestor of a multitude of nations. No longer shall your name be Abram, but your name shall be Abraham; for I have made you the ancestor of a multitude of nations. I will make you exceedingly fruitful; and I will make nations of you, and kings shall come from you. I will establish my covenant between me and you, and your offspring after you throughout their generations, for an everlasting covenant, to be God to you and to your offspring after you.

God said to Abraham, 'As for Sarai your wife, you shall not call her Sarai, but Sarah shall be her name. I will bless her, and moreover I will

give you a son by her. I will bless her, and she shall give rise to nations; kings of peoples shall come from her.'

*This is the Word of the Lord*

**Thanks be to God**

**Psalm 22. 23 - 31**

*22 I will tell of your name to my brothers and sisters;*

*in the midst of the congregation I will praise you:*

*23 You who fear the Lord, praise him!*

*All you offspring of Jacob, glorify him; stand in awe of him, all you offspring of Israel!*

*24 For he did not despise or abhor the affliction of the afflicted; he did not hide his face from me, but heard when I cried to him.*

*25 From you comes my praise in the great congregation;*

*my vows I will pay before those who fear him.*

*26 The poor shall eat and be satisfied; those who seek him shall praise the Lord. May your hearts live for ever!*

*27 All the ends of the earth shall remember and turn to the Lord; and all the families of the nations shall worship before him.*

*28 For dominion belongs to the Lord, and he rules over the nations.*

*29 To him, indeed, shall all who sleep in the earth bow down;*

*before him shall bow all who go down to the dust, and I shall live for him.*

*30 Posterity will serve him;*

*future generations will be told about the Lord,*

*31 and proclaim his deliverance to a people yet unborn,*

*saying that he has done it.*

*New Testament reading – Pam*

**Romans 4. 13 - 25**

For the promise that he would inherit the world did not come to Abraham or to his descendants through the law but through the righteousness of faith. If it is the adherents of the law who are to be the heirs, faith is null and the promise is void. For the law brings wrath; but where there is no law, neither is there violation.

For this reason it depends on faith, in order that the promise may rest on grace and be guaranteed to all his descendants, not only to the adherents of the law but also to those who share the faith of Abraham (for he is the father of all of us, as it is written, 'I have made you the father of many nations') - in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist. Hoping against hope, he believed that he would become 'the father of many nations', according to what was said, 'So numerous shall your descendants be.' He did not weaken in faith when he considered his own body, which was already as good as dead (for he was about a hundred years old), or when he considered the barrenness of Sarah's womb. No distrust made him waver concerning the promise of God, but he grew strong in his faith as he gave glory to God, being fully convinced that God was able to do what he had promised. Therefore, his faith 'was reckoned to him as righteousness.' Now the words, 'it was reckoned to him', were written not for his sake alone, but for ours also. It will be reckoned to us who believe in him who raised Jesus our Lord from the dead, who was handed over to death for our trespasses and was raised for our justification.

*This is the Word of the Lord*

**Thanks be to God**

*Gospel reading – Stuart*

**Mark 8. 31 - 38**

*Hear the Gospel of our Lord Jesus Christ, according to Mark*

**Glory to you, O Lord.**

Then he began to teach them that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. He said all this quite openly. And Peter took him aside and began to rebuke him. But turning and looking at his disciples, he rebuked Peter and said, 'Get behind me, Satan! For you are setting your mind not on divine things but on human things.'

He called the crowd with his disciples, and said to them, 'If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels.'

There was also a prophet, Anna the daughter of Phanuel, of the tribe of Asher. She was of a great age, having lived with her husband for seven years after her marriage, then as a widow to the age of eighty-four. She never left the temple but worshipped there with fasting and prayer night and day. At that moment she came, and began to praise God and to speak about the child to all who were looking for the redemption of Jerusalem.

When they had finished everything required by the law of the Lord, they returned to Galilee, to their own town of Nazareth. The child grew and became strong, filled with wisdom; and the favour of God was upon him.

*This is the Gospel of the Lord.*

**Praise to you, O Christ.**