

Parishes of Kirkby Ireleth and Broughton & Duddon

THE SUNDAY SUPPLEMENT

22ND JUNE – FIRST SUNDAY AFTER TRINITY **DRAFT**

Holy Communion & Baptism

Hymns

676 This is the day

964 Gloria

649 The king of love my shepherd is

67 Be still for the presence of the Lord

Collect

God of truth,
help us to keep your law of love
and to walk in ways of wisdom,
that we may find true life
in Jesus Christ your Son.

Amen.

Old Testament reading

1 Kings 19. 1 – 15a

Ahab told Jezebel all that Elijah had done, and how he had killed all the prophets with the sword. Then Jezebel sent a messenger to Elijah, saying, 'So may the gods do to me, and more also, if I do not make your life like the life of one of them by this time tomorrow.' Then he was afraid; he got up and fled for his life, and came to Beer-Sheba, which belongs to Judah; he left his servant there.

But he himself went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: 'It is enough; now, O Lord, take away my life, for I am no better than my ancestors.' Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, 'Get up and eat.' He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. The angel of the Lord came a second time, touched him, and said, 'Get up and eat, otherwise the journey will be too much for you. He got up, and ate and drank; then he went in the strength of that food for forty days and forty nights to Horeb the mount of God. At that

place he came to a cave, and spent the night there.

Then the word of the Lord came to him, saying, 'What are you doing here, Elijah?' He answered, 'I have been very zealous for the Lord, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away.'

He said, 'Go out and stand on the mountain before the Lord, for the Lord is about to pass by.' Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the Lord, but the Lord was not in the wind; and after the wind an earthquake, but the Lord was not in the earthquake; and after the earthquake a fire, but the Lord was not in the fire; and after the fire a sound of sheer silence. When Elijah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave. Then there came a voice to him that said, 'What are you doing here, Elijah?' He answered, 'I have been very zealous for the Lord, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away.' Then the Lord said to him, 'Go, return on your way to the wilderness of Damascus

This is the Word of the Lord

Thanks be to God

Psalm 43

1 Vindicate me, O God, and defend my cause
against an ungodly people;
from those who are deceitful and unjust
deliver me!

2 For you are the God in whom I take refuge;
why have you cast me off?

Why must I walk about mournfully
because of the oppression of the enemy?

3 O send out your light and your truth;
 let them lead me;
 let them bring me to your holy hill
 and to your dwelling.
 4 Then I will go to the altar of God,
 to God my exceeding joy;
 and I will praise you with the harp,
 O God, my God.
 5 Why are you cast down, O my soul,
 and why are you disquieted within me?
 Hope in God; for I shall again praise him,
 my help and my God.

New Testament reading

Galatians 3. 23 - 29

Now before faith came, we were imprisoned and guarded under the law until faith would be revealed. Therefore the law was our disciplinarian until Christ came, so that we might be justified by faith. But now that faith has come, we are no longer subject to a disciplinarian, for in Christ Jesus you are all children of God through faith. As many of you as were baptized into Christ have clothed yourselves with Christ. There is no longer Jew or Greek, there is no longer slave or free, there is no longer male and female; for all of you are one in Christ Jesus. And if you belong to Christ, then you are Abraham's offspring, heirs according to the promise.

This is the Word of the Lord

Thanks be to God

The Gospel reading

Luke 8. 26 - 39

*Hear the Gospel of our Lord Jesus Christ,
 according to Luke*

Glory to you, O Lord.

Then they arrived at the country of the Gerasenes, which is opposite Galilee. As he stepped out on land, a man of the city who had demons met him. For a long time he had worn^[e] no clothes, and he did not live in a house but in the tombs. When he saw Jesus, he fell down before him and shouted at the top of his voice, 'What have you to do with me, Jesus, Son of the Most High God? I beg you, do not torment me' - for Jesus had commanded the

unclean spirit to come out of the man. (For many times it had seized him; he was kept under guard and bound with chains and shackles, but he would break the bonds and be driven by the demon into the wilds.) Jesus then asked him, 'What is your name?' He said, 'Legion'; for many demons had entered him. They begged him not to order them to go back into the abyss.

Now there on the hillside a large herd of swine was feeding; and the demons begged Jesus to let them enter these. So, he gave them permission. Then the demons came out of the man and entered the swine, and the herd rushed down the steep bank into the lake and was drowned.

When the swineherds saw what had happened, they ran off and told it in the city and in the country. Then people came out to see what had happened, and when they came to Jesus, they found the man from whom the demons had gone sitting at the feet of Jesus, clothed and in his right mind. And they were afraid. Those who had seen it told them how the one who had been possessed by demons had been healed. Then all the people of the surrounding country of the Gerasenes asked Jesus to leave them; for they were seized with great fear. So, he got into the boat and returned. The man from whom the demons had gone begged that he might be with him; but Jesus sent him away, saying, 'Return to your home, and declare how much God has done for you.' So he went away, proclaiming throughout the city how much Jesus had done for him.

'This is the Gospel of the Lord.

Praise to you, O Christ.

Post Communion

Eternal Father,
 we thank you for nourishing us
 with these heavenly gifts:
 may our communion strengthen us in faith,
 build us up in hope,
 and make us grow in love;
 for the sake of Jesus Christ our Lord.

Amen